



Playtime Buddies



Family Life hosts supported playgroup sessions to assist parents in building skills and confidence to support their child's wellbeing and development.

These fun, free weekly playgroups are for families that may require extra support and to assist in strengthening the child-parent relationship.

Our Playgroup leaders are available to assist and help in a variety of ways. Families can seek advice, learn about local support services, and expand their social network in a supported community playgroup setting.

Play is a child's natural language. Attendance at a playgroup can help children's social, emotional, physical and language development by providing an opportunity to learn and to practise new skills.

The friendly, welcoming playgroup sessions include:

- Child led free play activities inside & outside
- Structured Art & Crafts
- Specialty sessions; music, singing songs and a story time session
- Informal education about child development
- Therapeutic support to improve parent's skills and independence
- Connecting with your child through fun activities to strengthen attachment

Morning tea is supplied for children and tea and coffee for parents.

Where: Hampton Community Centre, 14 Willis St, Hampton

When: Mondays 10th July - 13th September

Time: 10:00am - 11:30am

Cost: FREE

Suitable for: Parents with children aged 0 - 5 years

Eligibility: Families residing within the Bayside Peninsula region

Registration: To access the Group Work Registration Form, please visit <https://www.familylife.com.au/early-help/> or scan the QR Code



For further information please contact:

(03) 8599 5433 or earlyhelp@familylife.com.au www.familylife.com.au

