



# Spirit

## of Transformation Program

### INFORMATION SESSION

The Women's Spirit Project is launching the **'Spirit of Transformation Program'** for women in the Kingston and Frankston region. The free 11-week program runs from March to June 2023 and is designed for women aged 25 years+ who have experienced life challenges.

A free information session is being held on Friday 16 December, inviting women interested in the program to attend and learn more. Children are welcome to come along with their parent/s.

### DETAILS

**Friday 16 December 2022, 1pm - 2.30pm**  
**Carrum Activity Hub, 38 Valetta Street, Carrum**  
**RSVP: [hello@womensspiritproject.org](mailto:hello@womensspiritproject.org)**

Scan for more information!



City of  
**KINGSTON**